**Keep Me Home If...**

- **I'm Vomiting**
  - Two or more times in 24 hours.

- **I have a rash, lice or nits**
  - Body rash, especially with a fever or itching. Lice or nits.

- **I have diarrhea**
  - 3 or more watery stools in 24 hours.

- **I have an eye infection**
  - Thick mucus or pus draining from the eye.

- **I have a sore throat**
  - With fever or swollen glands.

- **I'm just not feeling very good.**
  - Unusually tired, pale, lack of appetite, confused or cranky.

- **I have a fever**
  - Temperature of 100°F (F) or more, (taken under the arm) AND sore throat, rash, vomiting, diarrhea, earache or just not feeling good.

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**When Your Child is Sick:**

1. Have plans for backup child care.
2. Tell your caregiver what is wrong with your child, even if your child stays home.