

JOINING THE FOOD PROGRAM IS EASY!

Join more than 100,000 family child care providers participating on the Child and Adult Care Food Program nationwide.

All licensed family child care providers and TrustLine registered providers with at least one child in care are invited to join.

Financial reimbursement for serving healthy meals is as easy as a click away. Call us to get started on the Food Program.



GET REIMBURSED \$\$ TO SERVE CHILDREN HEALTHY MEALS

A family child care provider serving breakfast, lunch and one snack each day for a year could receive a reimbursement of:

Children	1	6	12
Tier 1	\$1,080	\$6,480	\$12,960
Tier 2	\$520	\$3,120	\$6,240

FOR MORE INFORMATION, PLEASE CONTACT:

Child Health and Nutrition Program

1035 Detroit Avenue, Suite 200
 Concord, CA 94518
 (925) 676-6117
 foodprogram@CocoKids.org

CocoKids.org

Program made possible by Child and Adult Care Food Program and the United States Department of Agriculture

This institution is an equal opportunity provider.



CHILD HEALTH AND NUTRITION PROGRAM



Child care providers can be reimbursed for serving healthy meals and snacks to children

(925) 676-6117

THE CHILD HEALTH AND NUTRITION PROGRAM

.....

COCOKIDS Child Health and Nutrition Program offers education and expert support for child care professionals and parents in the areas of infant and child nutrition, physical activity, health and safety.

As children grow, they form habits and attitudes that last a lifetime. Parents and child care providers are uniquely positioned to teach and model choices and behaviors for good health and nutrition to support children's healthy development.



COCOKIDS is a sponsor of the federally-funded **Child and Adult Care Food Program (CACFP)**, which provides financial assistance to support child care providers who serve healthy meals and snacks to the children in their care.

These programs benefit children, families and child care providers, and help prevent childhood obesity and child hunger.



WHAT ARE THE BENEFITS OF JOINING THE FOOD PROGRAM?

-
- Financial Reimbursement \$\$
 - Nutrition education, such as helping choosy eaters, adding variety to a child's diet, and more
 - Participation in the CACFP is an indicator of a quality child care program
 - Parents appreciate the CACFP and look for participating providers
 - Nutrition Edition newsletter offers nutrition information, health and safety tips, and recipes
 - Physical activity ideas and training to keep children moving and healthy
 - Documentation for meals served makes filing taxes easier
 - Professional staff and nutritionists are available to answer your questions and offer guidance
 - Knowledge that you are helping children grow healthy and strong!



“ I would tell other providers that the better the children eat, the better you will eat. The more exercise they do, the more you will do. It's a win-win situation! You will feel better and the children will have more fun with you. ”

- Provider

“ Be open to trying new activities and new ways of feeding the children. Sometimes we get stuck in a certain way of doing things. It is important to try new things to keep daily routines interesting and new. ”

- Provider