



CHILD CARE Guidance for Suspected or Confirmed COVID-19 Cases

Scenario	Immediate Action	Follow Up
<p>COVID-19 Symptoms</p> <p>(e.g., fever, cough, loss of taste or smell, difficulty breathing)</p>	<p>Send home and advise contact with primary care provider for recommendations regarding need for testing. If not available through their primary care provider, testing is available through CCHS. If COVID-19 ruled out by primary care provider or negative test result, can return 24 hours after symptoms resolve.</p> <p>If symptomatic and a known contact to a positive case, refer to the “Contact to COVID19 – Symptomatic” instructions below.</p>	<p>Cohort/School may remain open.</p> <p>Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS.</p> <p>No notification of CCHS required.</p>
<p>Negative COVID-19</p> <p>*Testing recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</p>	<p>If no symptoms and not a contact to a COVID19 positive individual, may return to cohort.</p> <p>If symptoms present, may return to cohort after 24 hours of symptom improvement and no fever (without the use of fever-reducing medication).</p>	<p>Cohort/School May remain open.</p> <p>Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS.</p> <p>No notification of CCHS required.</p>
<p>Positive COVID-19</p> <p>Individuals with a laboratory confirmed COVID-19 PCR or Antigen test result.</p>	<p>Must isolate at home. The timelines for returning are:</p> <ul style="list-style-type: none"> • <u>With symptoms</u>: May return after 10 days have passed since start of symptoms, as long as symptoms are improving and there is no fever for 24 hours (without fever-reducing medication). • <u>Without symptoms</u>: May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours (without fever-reducing medication). 	<p>CCHS Notification:</p> <ol style="list-style-type: none"> 1. Notify CCHS using: CCHS School Intake Form 2. CCHS Locations Case Investigator will follow up with institution liaison to coordinate next steps. <p>Employee notification requirements can be found in Section 4 of CA AB685.</p>

	<p><u>No repeat testing required to return to cohort.</u></p> <p>Next Steps:</p> <ol style="list-style-type: none"> 1. Identify close contacts and proceed with case notification. <ol style="list-style-type: none"> a. CCHS has a sample script for case interviews and sample template notification letters for students and staff who have been exposed. 2. Quarantine and exclude exposed contacts for 14 days after the last date the case was present at cohort while infectious. 3. Recommend testing of contacts, but testing negative will not shorten 14-day quarantine. 	<p>Cleaning Instructions:</p> <p>If notified of a positive COVID-19 case within previous 24 hours – close, clean and disinfect the affected areas concentrating on all high touch surfaces and areas where positive case(s) spent their time. Classroom and other affected areas can reopen after disinfection contact time.</p>
Contact to COVID-19 No symptoms	<p>Must quarantine at home for 14 days after the last known close contact with the positive case, whether tested or untested. Testing is highly recommended, but a negative test does not release one from quarantine. Symptoms can develop even after testing negative within 14 days after exposure, so strict adherence to quarantine is required. Testing is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</p>	<p>No notification of CCHS required.</p>
Contact to COVID-19 Symptomatic	<p>Must quarantine at home for 14 days after the last known close contact with the positive case. Testing is highly recommended and if completed and returns positive, refer to actions and follow up for “Positive COVID-19.” If tests negative, must complete 14-day quarantine.</p>	<p>No notification of CCHS required unless positive test result.</p>
Resources	<ul style="list-style-type: none"> • CCHS Information for Schools and Child Care • COVID-19 Update Guidance: Child Care Programs and Providers • CDC Guidance for Child Care Programs that Remain Open • CCHS Cleaning and Disinfecting After a Covid-19 Case • CCHS Quarantine and Isolation Instructions • Template Letters to Notify of Exposure: <ul style="list-style-type: none"> • Staff • Student 	<p>CCHS Contacts:</p> <ul style="list-style-type: none"> • CCHS School Intake Form • CCHS Locations Team Email: Covid.business.tracing@cchealth.org • CCHS COVID Hotline: (925) 313-6740 • CCHS General Covid Information Hotline: (844) 729-8410

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